

# **ENCORE: Practical Solutions to a Condition that Plagues Millions of Women: Urinary Incontinence, Part 1**

written by Dr. Ronald Hoffman | February 16, 2023

---

# **ENCORE: Practical Solutions to a Condition that Plagues Millions of Women: Urinary Incontinence, Part 2**

written by Dr. Ronald Hoffman | February 16, 2023