# ENCORE: A Pandemic of Elevated Uric Acid, Part 1

written by Dr. Ronald Hoffman | February 1, 2024

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# ENCORE: A Pandemic of Elevated Uric Acid, Part 2

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# ENCORE: The Epidemic of Diabetes, Part 1

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# ENCORE: The Epidemic of Diabetes, Part 2

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# How Modern Culture Rewires our Brains and Damages our Health, Part 1

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# How Modern Culture Rewires our Brains and Damages our Health, Part 2

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# ENCORE: The Grain Brain Cookbook, Part 1

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# ENCORE: The Grain Brain Cookbook, Part 2

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# Gut Microbes and the Brain, Part 1

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# Gut Microbes and the Brain, Part 2

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