

ENCORE: Intelligent Medicine Radio for September 16, Part 1: Fructose

written by Dr. Ronald Hoffman | September 18, 2023

ENCORE: An Integrative Deep-Dive on Diabetes, Part 1

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ENCORE: An Integrative Deep-Dive on Diabetes, Part 2

written by Dr. Ronald Hoffman | September 18, 2023

ENCORE: Intelligent Medicine Radio for August 5, Part 2: Concussions and Pain

written by Dr. Ronald Hoffman | September 18, 2023

Leyla Weighs In: Drinking Tea to Burn Fat

written by Leyla Muedin MS, RD, CDN | September 18, 2023

Q&A with Leyla, Part 1: Targeted Supplements v. Multivitamins

written by Dr. Ronald Hoffman | September 18, 2023

ENCORE: Q&A with Leyla, Part 2: Regaining Taste and Smell After Covid

written by Dr. Ronald Hoffman | September 18, 2023

ENCORE: Intelligent Medicine Radio for May 6, Part 2: Carcinogenic Nitrites in Processed Meat

written by Dr. Ronald Hoffman | September 18, 2023

Leyla Weighs In: Your Uric Acid Levels

written by Leyla Muedin MS, RD, CDN | September 18, 2023

Q&A with Leyla, Part 1: Ozempic

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