

ENCORE: Media Distortion and Deception Against Supplements, Part 1

written by Dr. Ronald Hoffman | June 11, 2020

ENCORE: Media Distortion and Deception Against Supplements, Part 2

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Q&A with Leyla, Part 2: Anxiety, Zinc, Aged Garlic and More

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Intelligent Medicine Radio Show for June 6, Part 1

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Leyla Weighs In: HIIT & Yoga

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Intelligent Medicine Radio Show for

May 23, Part 2

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Intelligent Medicine Radio Show for May 16, Part 2

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Exercise in the time of Coronavirus, Part 1

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Q&A with Leyla, Part 2: Prostate, Thyroid and More

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Leyla Weighs In: Nitric Oxide for Better Cardiovascular Health

written by Leyla Muedin MS, RD, CDN | June 11, 2020