## ENCORE: Q&A with Leyla, Part 2: Sleep Gummies

written by Dr. Ronald Hoffman | November 28, 2024

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## ENCORE: Q&A with Leyla, Part 1: Anti-Aging Supplements

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## Where Diabetes Treatment Has Gone Wrong and How to Fix It, Part 1

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## Where Diabetes Treatment Has Gone Wrong and How to Fix It, Part 2

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## Continuous Glucose Monitoring: A Pathway to Optimizing Health, Part 1

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# Continuous Glucose Monitoring: A Pathway to Optimizing Health, Part 2

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# ENCORE: Q&A with Leyla, Part 2: Does zinc really help colds?

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# Leyla Weighs In: Nutrient Deficiencies Signaling Alzheimer’s Development

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# Leyla Weighs In: Type 1 Diabetes Prevention

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# ENCORE: DNA testing: Is it ready for Prime-Time? Part 1

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