

# **Xylitol for Upper Respiratory Infection Prevention, Part 1**

written by Dr. Ronald Hoffman | December 22, 2022

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# **Xylitol for Upper Respiratory Infection Prevention, Part 2**

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# **Q&A with Leyla, Part 1: So many new variants!**

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# **Intelligent Medicine Radio for December 17, Part 1: Holidays Hike Heart Risk**

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# **Intelligent Medicine Radio for December 17, Part 2: Do coconut oil or butter really clog your arteries?**

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## **ENCORE: Intelligent Medicine Radio for December 10, Part 1: Viagra for Alzheimer's—REALLY?**

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