

# **ENCORE: Clinical Focus: Hemoglobin A1c, what is it, and why does it matter? Part 1**

written by Dr. Ronald Hoffman | October 11, 2022

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# **ENCORE: Clinical Focus: Hemoglobin A1c, what is it, and why does it matter? Part 2**

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# **ENCORE—Clinical Focus: Low-carb diets increase your risk of dying—Really? Part 1**

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# **ENCORE—Clinical Focus: Low-carb diets increase your risk of dying—Really? Part 2**

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# **ENCORE—Clinical Focus: Immunity, Part**

# 1

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## **ENCORE—Clinical Focus: Immunity, Part 2**

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## **Clinical Focus: The Plot Against Keto, Part 1**

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## **Clinical Focus: The Plot Against Keto, Part 2**

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## **ENCORE: The Whole30 Diet, Part 1**

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## **ENCORE: The Whole30 Diet, Part 2**

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