

# **Aged Garlic Extract: A Cardiovascular Game-Changer, Part 2**

written by Dr. Ronald Hoffman | November 27, 2024

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## **ENCORE: Q&A with Leyla, Part 1: Gut Bacteria and Cholesterol**

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## **Beyond Cholesterol: Holistic Approaches to Cardiovascular Health, Part 1**

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## **Beyond Cholesterol: Holistic Approaches to Cardiovascular Health, Part 2**

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## **ENCORE: Q&A with Leyla, Part 2: Atrial Fibrillation**

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# **ENCORE: Q&A with Leyla, Part 1: Selfies and Plastic Surgery**

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# **ENCORE: Q&A with Leyla, Part 1: Reflux and Stomach Issues**

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# **ENCORE: Q&A with Leyla, Part 2: Infrared Sauna**

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# **A Primer on Cholesterol & Heart Health, Part 1**

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# **A Primer on Cholesterol & Heart Health, Part 2**

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