# Aged Garlic Extract: A Cardiovascular Game-Changer, Part 2

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# ENCORE: Q&A with Leyla, Part 1: Gut Bacteria and Cholesterol

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# Beyond Cholesterol: Holistic Approaches to Cardiovascular Health, Part 1

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# Beyond Cholesterol: Holistic Approaches to Cardiovascular Health, Part 2

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# ENCORE: Q&A with Leyla, Part 2: Atrial Fibrillation

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# ENCORE: Q&A with Leyla, Part 1: Selfies and Plastic Surgery

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# ENCORE: Q&A with Leyla, Part 1: Reflux and Stomach Issues

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# ENCORE: Q&A with Leyla, Part 2: Infrared Sauna

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# A Primer on Cholesterol & Heart Health, Part 1

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# A Primer on Cholesterol & Heart Health, Part 2

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