

# **Q&A with Leyla, Part 2: Lithium for brain health?**

written by Dr. Ronald Hoffman | March 29, 2023

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# **Intelligent Medicine Radio for March 18, Part 2: Brain Aging**

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# **The Heart and Brain Supportive Effects of Cocoa, Part 1**

written by Dr. Ronald Hoffman | March 29, 2023

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# **Intelligent Medicine Radio for February 11, Part 1: The Debate Over Contact Sports**

written by Dr. Ronald Hoffman | March 29, 2023

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# **Nutritional Psychiatry, Part 1**

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# **Leyla Weighs In: Olive Oil and Brain Function**

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# **Leyla Weighs In: Omegas**

written by Leyla Muedin MS, RD, CDN | March 29, 2023

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# **Q&A with Leyla, Part 1: Knee Replacement Surgery**

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# **Intelligent Medicine Radio for October 8, Part 1: Brain Protection**

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# **Intelligent Medicine Radio for August 6, Part 1: The Pandemic's Collateral Damage**

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