

# **ENCORE: Q&A with Leyla, Part 2: Sleep Gummies**

written by Dr. Ronald Hoffman | November 28, 2024

---

## **Where Diabetes Treatment Has Gone Wrong and How to Fix It, Part 1**

written by Dr. Ronald Hoffman | November 28, 2024

---

## **Continuous Glucose Monitoring: A Pathway to Optimizing Health, Part 1**

written by Dr. Ronald Hoffman | November 28, 2024

---

## **Continuous Glucose Monitoring: A Pathway to Optimizing Health, Part 2**

written by Dr. Ronald Hoffman | November 28, 2024

---

## **ENCORE: Intelligent Medicine Radio for September 16, Part 1: Fructose**

written by Dr. Ronald Hoffman | November 28, 2024

---

# **ENCORE: An Integrative Deep-Dive on Diabetes, Part 1**

written by Dr. Ronald Hoffman | November 28, 2024

---

# **ENCORE: An Integrative Deep-Dive on Diabetes, Part 2**

written by Dr. Ronald Hoffman | November 28, 2024

---

# **Q&A with Leyla, Part 1: Targeted Supplements v. Multivitamins**

written by Dr. Ronald Hoffman | November 28, 2024

---

# **ENCORE: Q&A with Leyla, Part 2: Regaining Taste and Smell After Covid**

written by Dr. Ronald Hoffman | November 28, 2024

---

# **Leyla Weighs In: Your Uric Acid Levels**

written by Leyla Muedin MS, RD, CDN | November 28, 2024