

# **The Heart and Brain Supportive Effects of Cocoa, Part 2**

written by Dr. Ronald Hoffman | March 16, 2023

---

# **Intelligent Medicine Radio for March 11, Part 2: Coconut Oil**

written by Dr. Ronald Hoffman | March 16, 2023

---

# **Intelligent Medicine Radio for February 11, Part 2: The Real Nursing Home Scandal**

written by Dr. Ronald Hoffman | March 16, 2023

---

# **ENCORE: Intelligent Medicine Radio for December 31, Part 1: Menopause Woes**

written by Dr. Ronald Hoffman | March 16, 2023

---

# **ENCORE: Intelligent Medicine Radio for December 10, Part 1: Viagra for Alzheimer's—REALLY?**

written by Dr. Ronald Hoffman | March 16, 2023

---

# **ENCORE: Intelligent Medicine Radio for December 3, Part 2: Reverse Cognitive Decline by Decades**

written by Dr. Ronald Hoffman | March 16, 2023

---

## **Intelligent Medicine Radio for November 5, Part 2: Sleep Apnea**

written by Dr. Ronald Hoffman | March 16, 2023

---

## **Intelligent Medicine Radio for October 1, Part 1: New Alzheimer's Drug**

written by Dr. Ronald Hoffman | March 16, 2023

---

## **Intelligent Medicine Radio for August 20, Part 1: Mediterranean Diet for Depression**

written by Dr. Ronald Hoffman | March 16, 2023

---

## **Intelligent Medicine Radio for August 20, Part 2: Toxic Toilet Tissue**

written by Dr. Ronald Hoffman | March 16, 2023