

# **ENCORE: The Effects of Diet on Lifespan, Part 1**

written by Dr. Ronald Hoffman | February 27, 2020

---

# **Intelligent Medicine Radio Show for February 22, Part 2**

written by Dr. Ronald Hoffman | February 27, 2020

---

# **Intelligent Medicine Radio Show for February 1, Part 2**

written by Dr. Ronald Hoffman | February 27, 2020

---

# **Intelligent Medicine Radio Show for January 25, Part 2**

written by Dr. Ronald Hoffman | February 27, 2020

---

# **ENCORE: Q&A with Leyla, Part 1**

written by Dr. Ronald Hoffman | February 27, 2020

---

# **ENCORE: Are mushrooms a “brain food”?**

# **Part 1**

written by Dr. Ronald Hoffman | February 27, 2020

---

## **ENCORE: Are mushrooms a “brain food”? Part 2**

written by Dr. Ronald Hoffman | February 27, 2020

---

## **ENCORE: Intelligent Medicine Radio Show for December 28, Part 1**

written by Dr. Ronald Hoffman | February 27, 2020

---

## **ENCORE: Intelligent Medicine Radio Show for December 28, Part 2**

written by Dr. Ronald Hoffman | February 27, 2020

---

## **Q&A with Leyla Christmas Edition, Part 2: Food Intolerances**

written by Dr. Ronald Hoffman | February 27, 2020