

Intelligent Medicine Radio for February 11, Part 2: The Real Nursing Home Scandal

written by Dr. Ronald Hoffman | February 13, 2023

Q&A with Leyla, Part 1: Life Expectancy

written by Dr. Ronald Hoffman | February 13, 2023

Report: US will trail other nations in life expectancy by 2030; Obesity rates a contributing factor to decreased life expectancy in the US; What are your views about the use of AMPK? Click [HERE](#) for part 2.

Q&A with Leyla, Part 1: Healthy Eating, Good Hydration

written by Dr. Ronald Hoffman | February 13, 2023

ENCORE: Intelligent Medicine Radio for December 31, Part 1: Menopause Woes

written by Dr. Ronald Hoffman | February 13, 2023

ENCORE: Intelligent Medicine Radio for December 31, Part 2: The Benefits of

Tea

written by Dr. Ronald Hoffman | February 13, 2023

ENCORE: Intelligent Medicine Radio for December 24, Part 1: Fending off Cognitive Decline

written by Dr. Ronald Hoffman | February 13, 2023

ENCORE: Intelligent Medicine Radio for December 24, Part 2: Curbing Stroke Damage

written by Dr. Ronald Hoffman | February 13, 2023

ENCORE: Intelligent Medicine Radio for December 10, Part 1: Viagra for Alzheimer's—REALLY?

written by Dr. Ronald Hoffman | February 13, 2023

ENCORE: Q&A with Leyla, Part 1: Hyperbaric Oxygen Reverses Aging Process

written by Dr. Ronald Hoffman | February 13, 2023

Intelligent Medicine Radio for December 3, Part 1: Regular Sauna Use Confers Anti-Aging Benefits

written by Dr. Ronald Hoffman | February 13, 2023