

# **Super Aging, Part 2**

written by Dr. Ronald Hoffman | October 5, 2023

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## **Movement for Life; Preserving Your Independence, Part 1**

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## **Movement for Life; Preserving Your Independence, Part 2**

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## **Leyla Weighs In: Acid Reducers and Dementia**

written by Leyla Muedin MS, RD, CDN | October 5, 2023

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## **ENCORE: DNA testing: Is it ready for Prime-Time? Part 1**

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## **ENCORE: DNA testing: Is it ready for**

# **Prime-Time? Part 2**

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## **ENCORE: Intelligent Medicine Radio for September 16, Part 2: Fructose-Phobia**

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## **ENCORE: How To Slow, and Even Reverse, Our Biological Clocks, Part 1**

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## **ENCORE: How To Slow, and Even Reverse, Our Biological Clocks, Part 2**

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## **ENCORE: Intelligent Medicine Radio for August 12, Part 2: Improving Stroke Recovery**

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