

Intelligent Medicine Radio for August 20, Part 1: Mediterranean Diet for Depression

written by Dr. Ronald Hoffman | August 22, 2022

Intelligent Medicine Radio for August 20, Part 2: Toxic Toilet Tissue

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ENCORE: Q&A with Leyla, Part 2: Coronary Plaque

written by Dr. Ronald Hoffman | August 22, 2022

Q&A with Leyla, Part 1: Vitamin D Benefits

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Q&A with Leyla, Part 1: Depression

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ENCORE: Leyla Weighs In: Low Testosterone?

written by Leyla Muedin MS, RD, CDN | August 22, 2022

Intelligent Medicine Radio for July 16, Part 1: Could fasting be the key to curbing Covid severity?

written by Dr. Ronald Hoffman | August 22, 2022

Intelligent Medicine Radio for July 16, Part 2: Long Covid

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Intelligent Medicine Radio for July 9, Part 2: Health Effects of Avocados

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Intelligent Medicine Radio for July 2, Part 2: Susceptibility to Cognitive Decline

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