

# **ENCORE: The World Food Supply and Your Health, Part 1**

written by Dr. Ronald Hoffman | November 7, 2023

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# **ENCORE: The World Food Supply and Your Health, Part 2**

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# **Melatonin—Not Just for Insomnia and Jet Lag, Part 1**

written by Dr. Ronald Hoffman | November 7, 2023

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# **Intelligent Medicine Radio for November 19, Part 1: B Vitamins vs. Covid**

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# **ENCORE: How Diet Impacts Psychiatric Conditions, Part 1**

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# **ENCORE: How Diet Impacts Psychiatric Conditions, Part 2**

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# **Leyla Weighs In: Hypothyroidism and ADHD**

written by Leyla Muedin MS, RD, CDN | November 7, 2023

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# **Intelligent Medicine Radio Show For March 20, Part 2**

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