

ENCORE: The Healing Attributes of Aloe for Skin and More, Part 2

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Intelligent Medicine Radio for December 3, Part 1: Regular Sauna Use Confers Anti-Aging Benefits

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Intelligent Medicine Radio for October 8, Part 1: Brain Protection

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Q&A with Leyla, Part 2: Antacids

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ENCORE: Q&A with Leyla, Part 1: Supplements for Allergies

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ENCORE: The Role of the Digestive Tract in Determining Overall Health, Part 1

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Q&A with Leyla, Part 2: Low Dose Lithium

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