

# Pollution revolution: How to combat air pollution

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Air pollution has a variety of contributors from stationary sources, like factories and power plants, to natural sources, like forest fires and dust storms. Air pollution has been shown to have a direct link with health. Those living in areas with high levels of air pollutants have a 20% higher risk of death from lung cancer. It can also cause respiratory inflammation, asthma, and ear infections.

The good news is, air quality in the U.S. is improving, however there's still a good amount of progress to be made. You and your family can help decrease air pollution by making simple changes in your home. From replacing a wood stove with an EPA-certified model to turning off the lights when you leave a room—you can have an impact on the quality of the air.

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