

# Discover Black 4 Health Liposome Complex!



Dark pigments in nature are a signature of rich content of beneficial polyphenols. This unique formulation from Future Pharm harnesses the benefits of several unique herbs, including one I believe to be one of the most promising in its wide range of potential therapeutic applications—black cumin seed.

—Dr. Ronald Hoffman

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Savvy consumers are looking for better ways to enhance their healthy lifestyle, opting for natural supplements that contain healthy ingredients straight from nature instead of created in a laboratory. Mother Nature has done a fabulous job providing us with healthy resources right at our fingertips, but sometimes those options either aren't what we want to consume because of taste or color, or simply not that easy for us to get our hands on. Lucky for us, Future Pharm has created Black 4 Health Liposome Complex

**What is Black 4 Health?**

Black 4 Health by Future Pharm is plant-based food with black radish root, black cumin seed, black garlic and black peppercorn, containing high levels of body ready healing botanicals. Our supplement contains Liposome Complex for optimal absorption and utilization and helps support liver function, body detoxification, clear skin, cholesterol, blood pressure regulation, weight management, circulation and the immune system with nearly ten times more antioxidants than regular garlic.

### **Benefits of black radish root**

Black radish root has vitamin C, which helps keep the body healthy. It contains anti-hypertensive properties that help control hypertension or high blood pressure. Black radish root is also very powerful when it comes to eliminating toxins, helping your liver and stomach stay in mint condition! Best of all, it helps with detoxification of the body.

### **Benefits of black cumin seed oil**

Many studies have shown that it **may** have health and cosmetic benefits for various medical and skin conditions.

### **Benefits of Black Garlic**

Aged black garlic may help cholesterol. At the end of one study, researchers saw an average increase in HDL cholesterol among black garlic users, as well as decreases in alipoprotein B blood lipids, which are a strong indicator of heart disease risk.

### **Benefits of black peppercorn**

There are a surprising number of health benefits that may be derived from black pepper, including being high in antioxidants and having anti-inflammatory properties. Black peppercorn benefits your brain and may improve blood sugar control, lower cholesterol levels, and promote gut health. It boosts the absorption of nutrients and may provide pain relief. It's also been used as a potential appetite-suppressant.

Together, these four ingredients can provide a healthy boost to your daily lifestyle! Liposomes help your body absorb all of these fantastic nutrients for an even healthier boost! Now you can enjoy all the benefits of these four powerhouse ingredients in one, easy to take supplement. Black 4 Health Liposome Complex from Future Pharm is your natural path to health.