

# Cernilton

written by Dr. Ronald Hoffman | October 4, 2013

## What is cernilton?

Cernilton (pronounced SUR-na-teen) is a flower pollen extract that is the Swedish name for the pure and natural substance derived from the heart of flower pollen. Pollen is the male seed of flowers that enables flowering plants to reproduce. It also is known to hold a wide variety of nutrients necessary to create new life and be the basis for the food chain in nature. People also may benefit from all the wonderful properties of bee pollen.

## Bee pollen:

- Supplies vital nutrients to the body and cells (including all essential amino acids, unsaturated fatty acids and enzymes)
- Improves absorption of vitamins, minerals and trace elements from the food we eat
- Enables better adaptation to stress, enhancing physical and mental capacity

Helps bioregulate organism function such as:

- Immune system
- Lipid metabolism
- Blood cholesterol level
- Function of prostate

Cernilton flower pollen is the only pure standardized pollen concentrate in the world with no allergy potential and readily absorbed by the body.

Cernilton is a great product to take if you are interested in experiencing all the great benefits of bee pollen. Its ingredients include:

- 60 mg of Cernitin T60 water soluble pollen extract concentrate
- 3 mg of Cernitin GBX fat soluble pollen extract concentrate

Other Ingredients: modified cellulose (plant fiber) and magnesium stearate (vegetable oil derivative).