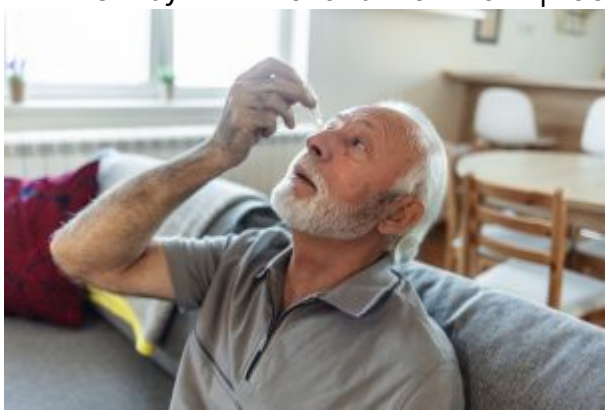
Intelligent Medicine Radio for October 24: Can eye drops dissolve cataracts?

written by Dr. Ronald Hoffman | October 26, 2026



Can eye drops dissolve cataracts to forestall surgery? Urolithin A notches gains for GI and heart health in new studies; The biggest mistake GLP-1 weight-loss medication users make; B12 alone, or taken with a B complex? 10 diets are put to the test, and which scored highest for staving off biological aging? When medications cause constipation; Overcoming fatigue after radiation treatment for cancer; And more!