Intelligent Medicine Radio for October 3: The Health Scourge of E-Bikes

written by Dr. Ronald Hoffman | October 5, 2026

Ever more powerful weight loss drugs are on the launchpad; Botched Tennessee execution—how can that happen? Boosting bone density with an exercise program targeted for osteopenia/fall prevention; Urolithin A scores against a common form of heart failure; Most blood tests don’t require fasting; The health scourge of E-bikes; And more!