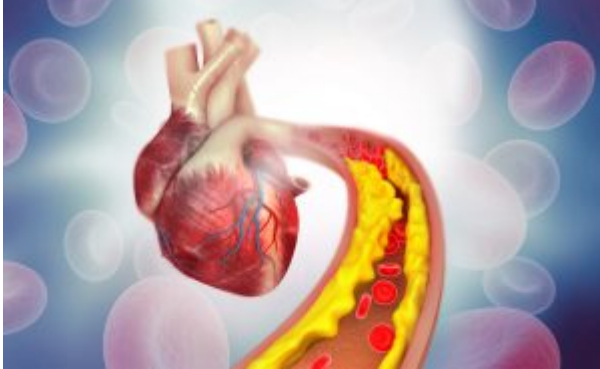


How's Your Cholesterol Level? Why Your LDL Numbers May Not Tell the Whole Story

written by Dr. Ronald Hoffman | September 29, 2026



Got questions about cholesterol management? Heart health expert Jim LaValle has a deep dive into cholesterol, cardiovascular health, and the surprising power of aged garlic extract. Learn about advanced lipid markers, dietary impacts, holistic and modern approaches to heart health. Listen now!