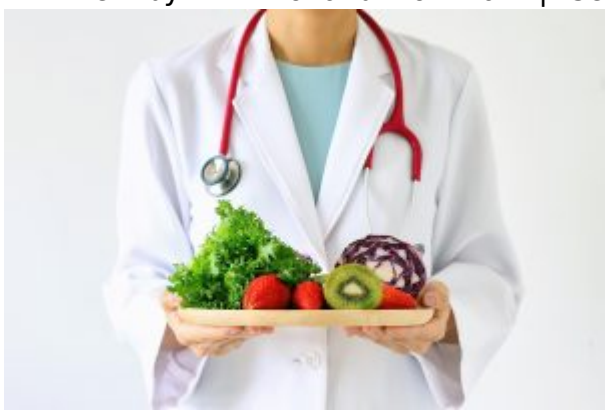
Culinary Medicine in Focus: Teaching Tomorrow’s Doctors Nutrition

written by Dr. Ronald Hoffman | September 22, 2026



Can food be medicine? Learn how Yale’s Culinary Medicine Program is shaping future doctors to think beyond prescriptions and embrace nutrition. Dr. Nate Wood, the program’s inaugural director, details the power of nutrition in healthcare. Don’t miss it!