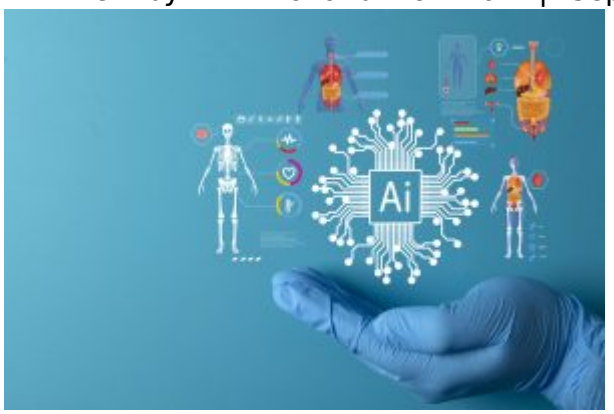
# Q&A with Leyla: AI and The Future of Medicine

written by Dr. Ronald Hoffman | September 17, 2026




Autonomous Artificial Intelligence (AI) and the future of medicine; Alternatives to prescription medication for blood pressure; Are there cardiac side effects to berberine? What types of protein are most helpful for osteoporosis and weight gain? The coronary artery inflammation controversy; And more!