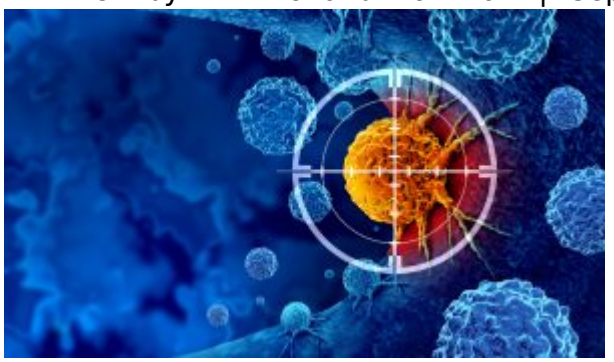
# A Comprehensive Look at Immunity and Supplementation

written by Dr. Ronald Hoffman | September 16, 2026



Discover how new research is transforming our understanding of immune support with functional medicine physician Dr. Rob Rountree. He reveals revolutionary breakthroughs in immune science and debunks common myths about immune boosting. Check it out!