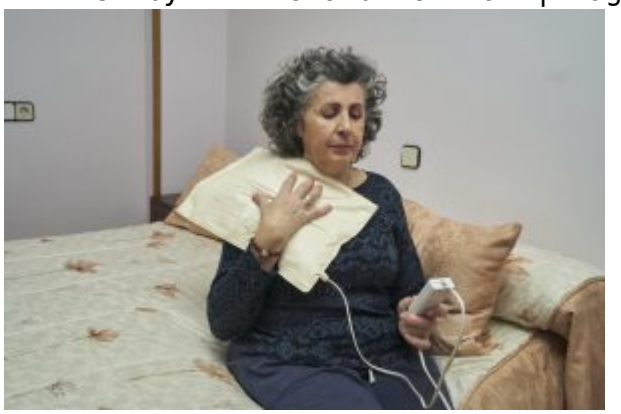
# ENCORE: Q&A with Leyla: Heating Pad for Pain

written by Dr. Ronald Hoffman | August 20, 2026



An example of another bad ‘scientific’ study; Thoughts on the new at-home prostate test; A case study in high cholesterol; My husband’s A1c went up after taking a statin for 5 months. Help! Using a heating pad for pain – a listener’s success story; And more!