Leyla Weighs In: Genetic Mutations and Health Impacts

written by Leyla Muedin MS, RD, CDN | August 14, 2026

“Leyla Weighs In” exploring the complexities of genetic mutations like MTHFR and their impact on health. She’s got practical advice and insights on managing homocysteine levels effectively. Discover how MTHFR mutations and vitamin C levels play crucial roles in maintaining health. Check it out!