Q&A with Leyla: Varicose Veins

written by Dr. Ronald Hoffman | July 30, 2026



Is there evidence for statins in the treatment of aortic valve stenosis? How the bacteria behind gum disease can affect heart health; Wouldn’t it better to resume taking probiotics after finishing a round of antibiotics? Surgery for varicose veins, is this just a temporary fix? 25-year-old has bipolar and can’t tolerate his medications, any natural recommendations? Is chondroitin effective? And more!