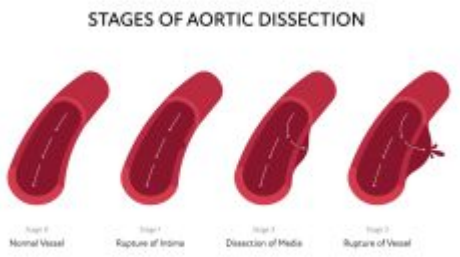
# Q&A with Leyla: Aortic Dissection

written by Dr. Ronald Hoffman | July 16, 2026




Does coffee really dehydrate you? Help for nighttime urination; What is aortic dissection, which claimed Senator Lindsey Graham? Supplement for dissolving bone spurs? Mushroom coffee, does it have any health benefits? And more!