# Leyla Weighs In: Vitamin K2—The Heart’s Unsung Hero

written by Leyla Muedin MS, RD, CDN | June 26, 2026




78% of statin users in a study still faced increased calcification—but could MK-7, a form of Vitamin K2, be a game-changer? “Leyla Weighs In” exploring the potential role of Vitamin K2 (MK-7) in addressing vascular calcification. Check it out!