

# Q&A with Leyla: Sarcoidosis of the Lung

written by Dr. Ronald Hoffman | June 25, 2026



World Cup! What did humans eat from the Ice Age to the Bronze Age?  
Supplements to avoid while undergoing radiation therapy for prostate cancer;  
Treatment for sarcoidosis of the lung; Is it safe for hysterectomy patients  
to eat tofu or other soy foods? Thoughts on using vibration devices to help  
osteoporosis; And more!