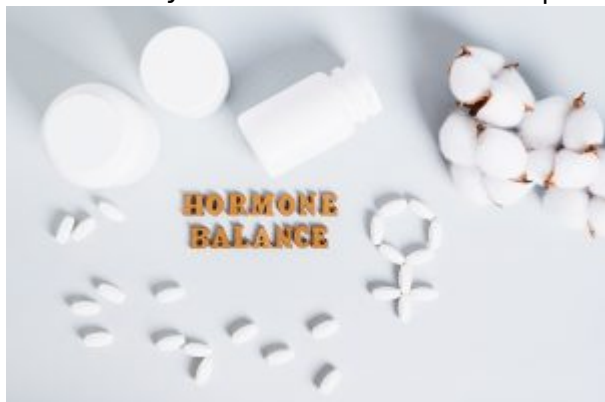


ENCORE: Hormone Solutions and Misconceptions with Dr. Erika Schwartz

written by Dr. Ronald Hoffman | June 10, 2026



A deep dive on hormones with Dr. Erika Schwartz, author of “The New Hormone Solution.” Explore how a tailored approach to hormone replacement can improve health and longevity. Is bioidentical hormone therapy the solution for menopause symptoms?