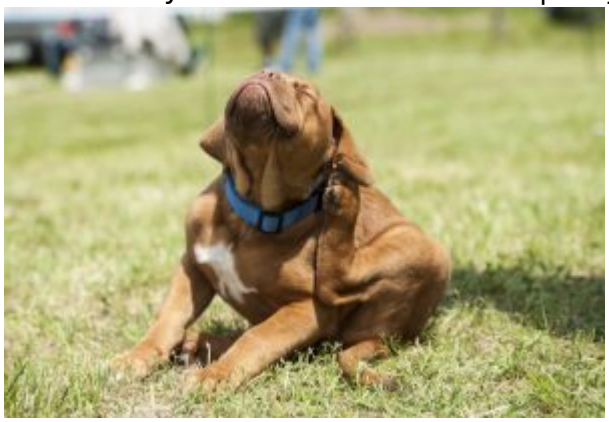
# Q&A with Leyla: An Overview of Itching

written by Dr. Ronald Hoffman | May 28, 2026



An overview of itching; Would tofu be a good addition to a diet? Is TMAO a risk factor for heart disease when eating meat? Vegetarianism; Vertebroplasty vs. kyphoplasty; Gastroparesis; Meibomian Gland Dysfunction/dry eye disease? Wool carpeting or hardwood flooring? And more!