Intelligent Medicine Radio for April 18: Can your fast-fashion clothing give you cancer?

written by Dr. Ronald Hoffman | April 20, 2026



HIIT to optimize disease-prevention; Natural ways to lower your LDL; Choline’s impact on the menopausal brain; How targeted supplementation can boost your nitric oxide for better health, an interview with Dr. Nathan Bryan, creator of N1O1. When GLP-1 drugs supercharge eating disorders; Vitamin C’s brain-protective role; Can your fast-fashion clothing give you cancer? And more!