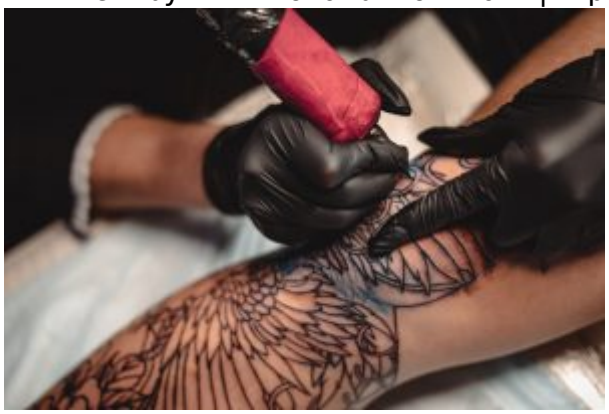
Intelligent Medicine Radio for April 11: Tattoos Carry Long-Term Health Risks

written by Dr. Ronald Hoffman | April 13, 2026



Renewed interest in muscle as promoter of overall health and metabolism; The key role of urolithin A (Mitopure®) for supporting muscle function. Is DHEA a reasonable supplement for post-menopausal women? CEO of large hospital system makes controversial call to replace radiologists with AI; Scientists discover link to toxic microbiome byproducts in causation of ALS; When depression-sufferers lose all interest in food; Eating plenty of fresh fruits and vegetables incurs risk of bio-accumulation of pesticide residues; Tattoos carry long-term health risks; And more!