# Q&A with Leyla: Supplements to Help Combat the Side Effects of Cancer

written by Dr. Ronald Hoffman | February 26, 2026



What supplements can help combat the side effects of cancer therapy? Will my son’s use of Zepbound affect his fertility? Does low carb refer to complex carbs or simple and processed carbs? Multivitamin recommendation for a male aged 50 plus? Supplements for elevated triglycerides; And more!