# Q&A with Leyla: How big is your butt?

written by Dr. Ronald Hoffman | February 19, 2026

Highlights from the ANH conference in Phoenix; Supplements for borderline osteoporosis; After years of vegetarianism, wouldn’t eating meat cause adverse reactions like headaches or nausea? How big is your butt? Is Famotidine a good alternative to Nexium? Protocol for post-surgical healing; Thoughts on full body scans to detect abnormalities; And more!