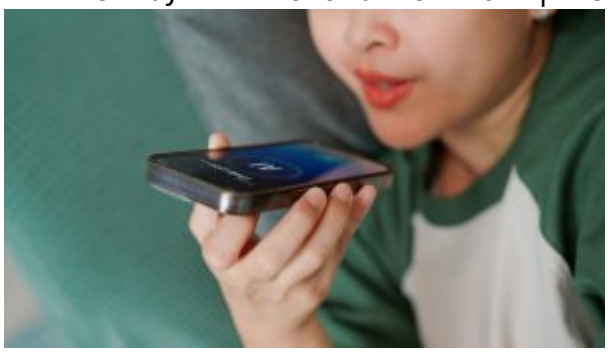
# Q&A with Leyla: Can Chat GPT be trusted for medical Information?

written by Dr. Ronald Hoffman | February 12, 2026



American Heart Association’s reaction to the Dietary Guidelines for Americans; Can you raise your white blood cell count? Can Chat GPT be trusted for credible information from reliable and verifiable sources? Can GLP-1 drugs help with fatty liver disease? And more!