# Leyla Weighs In: How Gut Health Affects Bone Density

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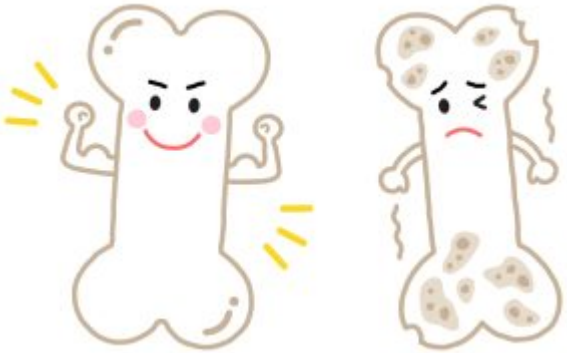

Did you know that your digestive system affects your bone strength? “Leyla Weighs In” with groundbreaking research on the gut-bone link. Find out how you can enhance your bone health by improving your gut function.