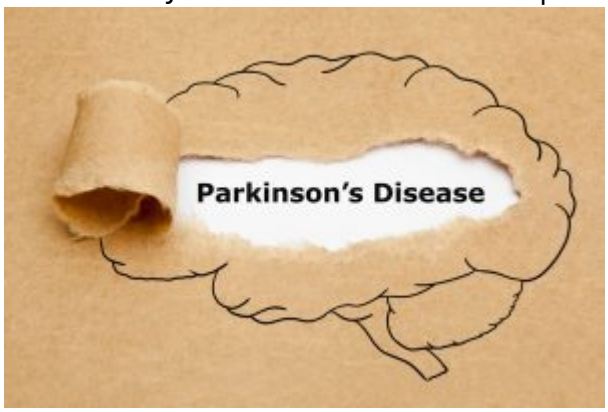
Exploring Nutritional and Natural Approaches to Parkinson’s

written by Dr. Ronald Hoffman | January 7, 2026



How can natural approaches aid Parkinson’s? Dr. Heather Zwicky reveals innovative natural treatments for Parkinson’s disease. Discover how diet, exercise, and more can make a difference.