ENCORE: Leyla Weighs In: Breaking Down Fatty Liver Myths and Olive Oil Facts

written by Leyla Muedin MS, RD, CDN | January 2, 2026

Fatty liver disease is reversible! “Leyla Weighs In” on how a low-carb diet can turn the tide on metabolic dysfunction. Plus, discover how to spot authentic olive oil and why it matters to your health.