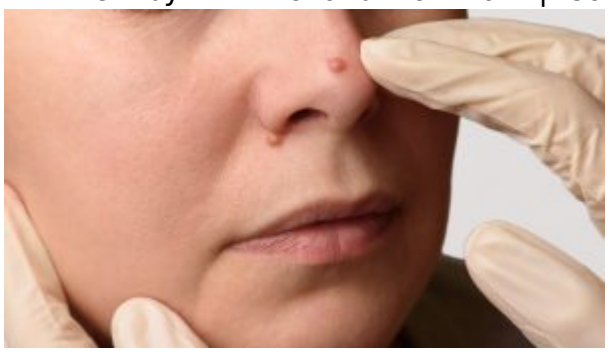
# ENCORE: Q&A with Leyla: A Treatment for Warts

written by Dr. Ronald Hoffman | January 1, 2026



Consequences of weight loss with weight loss drugs; Enter myostatin inhibitor drugs; “My latest A1c is 5.9 but I’m doing everything right. What gives?” Alpha-ketoglutarate for healthy aging? A treatment for warts? “Am I destined to develop diabetes given my strong family history of the disease?