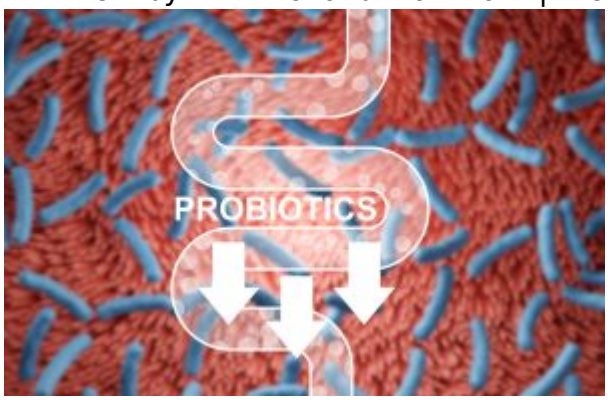
# Hippocrates: All Chronic Disease Begins in the Gut

written by Dr. Ronald Hoffman | December 10, 2025




Want to learn how to boost your health through your gut? The Natural Pharmacist, Dr. Ross Pelton, reveals the benefits of postbiotic metabolites on microbiome magic and chronic disease, plus he has practical health tips.