# Q&A with Leyla: Are children’s IQs going down?

written by Dr. Ronald Hoffman | November 13, 2025



## Q&A with Leyla, Part 1: Are children’s IQs going down?

- Are children’s IQs going down?
- An overview of medical reversals
- Can you comment on the melatonin and heart failure study?
- Result of a prostate artery embolization

## Q&A with Leyla, Part 2: The State of our Healthcare System

- I have hypothyroidism.  Do I need to be concerned about low ferritin levels?
- What are the benefits of lower-dose fish oil?
- Is there a connection between melatonin supplementation and depression?
- Can I take melatonin while on warfarin?
- What to do about the state of our healthcare system?