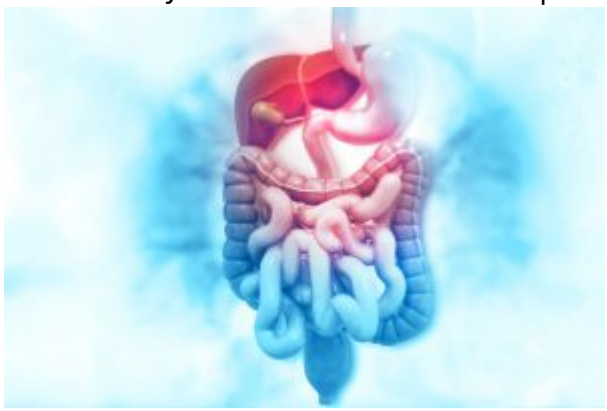
# Mind, Body, Gut: A Comprehensive Look at Gastroenterology

written by Dr. Ronald Hoffman | October 28, 2025



Discover how the future of gastroenterology fuses modern science and ancient wisdom. Dr. Alexandra Shustina discusses mind-gut connections, diet’s role in GI health, and innovative treatments you don’t want to miss.