# Q&A with Leyla: Reasons for Nausea

written by Dr. Ronald Hoffman | October 16, 2025

Reasons for nausea; What to do about an increasing PSA; Lupus patient on Methotrexate asking how to protect liver and immune system; The important relationship between vitamin D3 and K2; Can fish oil raise LDL cholesterol? A questionable case study on pycnogenol; And more!