# Intelligent Medicine Radio for October 4: Cannabis Extract vs. Low Back Pain

written by Dr. Ronald Hoffman | October 6, 2025

How the low-fat food craze of the 80s set Gen X women up for an astounding rate of ultra-processed food addiction; New testosterone support supplement harnesses safe, natural ingredients; Synthetic progestogens hike risk for brain tumors, natural progesterone safe; Healthy microbiome, good genes, clean lifestyle propel world’s oldest woman to age 117; Cannabis extract scores vs. low back pain.