# Intelligent Medicine Radio for September 27: Air Pollution Hikes Cardiometabolic Risk

written by Dr. Ronald Hoffman | September 29, 2025



## Part 1: The cause of autism—is it Tylenol?

The cause of autism revealed—is it Tylenol? Is there an ideal probiotic for Crohn's Disease? Treating constipation by modifying the microbiome with botanicals; ACTION ALERT: If Congress has its way, 95% of natural hemp products with CBD/THC may be banned by year's end! The popular diet that reverses psoriasis; A daily habit that could save you from chronic back pain.

## Part 2: Air Pollution Hikes Cardiometabolic Risk

Perfect Aminos®□ vs. protein powders—which are better to stave off frailty? Cocoa extract supplements reduce age-related inflammation, and may curb chronic diseases; Being too skinny associated with higher risk of dying; One in eight Americans have tried GLP-1 drugs—but only half stick to them after one year, citing price, side effects; The many health benefits of saunas; Air pollution hikes cardiometabolic risk—as does harmful mouth bacteria; Is the flu shot truly a "vaccine" if it's only partially effective and has to be taken every year?

# References & Resources

**One daily habit could save you from chronic back pain**
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**Probiotics for Crohn’s disease**
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**Cocoa extract supplements reduce age-related markers of inflammation**
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**Air pollution exposure and cardiometabolic risk**
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**1 in 8 Americans have already tried Ozempic and similar weight loss medications**
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**Most quit breakthrough weight loss drug within a year**
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**Being too thin can be deadlier than being overweight, Danish study reveals**
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**Your own mouth bacteria could give you a heart attack, new study suggests**
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